

T3 TREADMILL



Track Connect 2.0 with Enhanced Bluetooth



Go

CHOOSE YOUR CONSOLE

Track Connect 2.0 with Enhanced Bluetooth®: Enhanced Bluetooth® enables pairing with an Apple Watch® or Samsung Galaxy Watch® as well as Apple® or Android™ smartphones. This lets you connect seamlessly to the treadmill for extremely accurate workout information. A dual-zone design separates entertainment and workout specific areas.

Go Console: Combines ease of use with 13 engaging and motivating workouts.



FLEXDECK SHOCK ABSORPTION SYSTEM

Our patented FlexDeck® Shock Absorption System reduces knee and joint stress by up to 30%. The incredibly durable Lifespring™ shock absorbers deliver consistent support.



GET ON AND GO

GoSystem™ Quick Start with 3 speed and incline presets enables quick, on-the-fly adjustments.



HEART RATE CHECK

Contact heart rate hand sensors and wireless heart rate monitoring system.



INTUITIVE NAVIGATION

Ergonomically placed controls provide simple navigation.



ACCESSORIES IN REACH

Oversized, dual accessory trays and built-in reading rack.

The T3 Treadmill is designed with form and function in mind. From its sleek aesthetic curves that complement any home, to patented features that provide comfort and control, the T3 Treadmill is everything you expect from Life Fitness. Choose between the engaging and interactive Track Connect 2.0 with Enhanced Bluetooth® Console and the intuitive Go Console.



Shown with Track Connect 2.0 with Enhanced Bluetooth®

SPECIFICATIONS

SPECIAL FEATURES	T3
Contact heart rate hand sensors on ErgoGrip™ stationary front handlebars	●
Telemetry heart rate monitoring (Wireless chest strap included with console)	●
Frame: 1" x 3.5" (3 cm x 9 cm) steel frame	●
Speed: 0.5 - 12 mph (0.8 - 19.3 kph)	●
Incline: 0 - 15%	●
Motor System: 3.0 HP Continuous Duty motor system	●
Motor Controller: Microprocessor-based PWM controller	●
Deck: 1" medium density fiberboard	●
Deck Shock Absorption: FlexDeck shock absorption system	●
Handrails: Side handrails and front Ergo™ bar	●
Belt: 60" L x 20" W multi-ply, pre-lubricated (153 cm x 51 cm)	●
Rollers: 2.6" (7 cm) front and 2.0" (5 cm) precision crowned	●
GoSystem™ Lower Control Pad: One-touch Quick Start; Three customizable speed presets; Three customizable incline presets	●
Accessories: Dual cupholders, accessory tray and reading rack	●
TECHNICAL SPECIFICATIONS	
Maximum user weight	350 lbs 159 kg
Unit length	79.5" 202 cm
Unit width	34.5" 88 cm
Unit height	57.5" 146 cm
Unit weight	243 lbs 110 kg
Power Requirements: plug-in (all major voltage configurations)	●
Safety: CE, CSA, FCC, TUV, UL	●
Warranty (Base): Limited lifetime warranty on frame and LifeSpring shock absorbers; 10-year on MagnaDrive motor system; 5-year on electrical and mechanical parts; 1-year on labor (warranties outside the U.S. may vary)	●

CONSOLE OPTIONS



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Go

CONSOLE SPECIFICATIONS

DISPLAY	TRACK CONNECT 2.0	GO
Instructional message center	●	●
WORKOUTS		
Number of workouts	15	13
Classic workouts (Manual, Random, Hill)	●	●
Advanced workouts:		
EZ Resistance, Sport Training	●	●
Fit Test	●	—
HeartSync™ heart rate controlled workouts (Fat Burn, Cardio, Heart Rate Hill,™ Heart Rate Interval,™ Extreme Heart Rate™)	●	●
Goal workouts (Calories, Distance, Target Heart Rate)	●	●
HIIT: Custom high intensity interval training	●	—
Custom workouts per user Profile	3	1
SPECIAL FEATURES		
Quick Start	●	●
Race mode	—	●
Warm Up and Cool Down mode	●	●
User profiles	4	2
Compression entertainment rack	●	—
Mobile device compatibility: Bluetooth® Proximity, NFC, FTMS capability (Enhanced Bluetooth capabilities not compatible with previous models)	●	—
Life Fitness Connect: Extremely accurate workout tracking, Life Fitness™ On Demand classes, adaptive audio coaching, workout creation and more (download from the Apple App Store™ or Google Play™)	●	—
Compatibility with 3rd party apps	●	—
Bluetooth® and NFC connection	●	—
Energy Saver	●	●
LANGUAGES		
Languages: English, Russian, Spanish and German, French	●	—
WORKOUT FEEDBACK		
Incline/Level, Time, Speed (mph, km/h, rpm), Pace, Distance, Heart Rate, Target Heart Rate, Calories, Animated Symbols	●	●
CONSOLE WARRANTY		
3-year on electrical and mechanical parts (3V batteries excluded); 1-year on labor (warranties outside the U.S. may vary)	●	●

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